 Withernsea Primary School

PE Long term plan 2022/23

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|  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** | |
| **Year 1** | Gym  (movement and balance) | Dance | Multi skills 1  (team games) | Dance | Ball skills  (hands) | Sports Day practise | |
| **Year 2** | Gym  (movement and balance) | Dance | Circuit | Multi skills 1  (team games) | Multi skills 2  (passing games) | Sports Day practise | |
| **Year 3** | Gym | Tennis | Box2Bfit | Netball | Dance | Cricket/rounders | Sports Day Practise |
| **Year 4** | Dance | Basketball | Gym | Tag Rugby | Kurling/boccia | **Swimming** |
| **Year 5** | Tennis | **Netball** | **Swim catch up/Box 2 b fit** | Gym | Cricket | Dance |
| **Year 6** | Basketball | Dance | Tag rugby | Box2bfit | Tri golf | Striking and fielding-rounders/Yoga |

PE sessions Outdoor Games sessions